

At **posAbilities**, we assist children, youth and adults with disabilities to lead meaningful and healthy lives. We work with families and community partners to deliver a full range of services.

Our services can grow with the individual and include:

Behaviour Consultation

- Early Intensive Behaviour Intervention (EIBI)
- Behaviour support for children, youth and adults with autism, developmental disabilities, and/or challenging behaviours
- Family Support
- Workshops

Community Inclusion Services

- Life skills training
- Social, recreation and leisure programs
- Social enterprises
- Theatre, arts and culture

Home Living

- Host Family Services
- Supported Living Network
- 24 hour care or semi-independent staffed residences



posAbilities Head Office:

240-4664 Lougheed Hwy, Burnaby, BC, V5C 5T5

Tel (604) 299-4001 Fax (604) 299-0329

Email: info@posAbilities.ca

Website: www.posAbilities.ca

posAbilities (operating as Mainstream Association for Proactive Community Living) has been accredited by CARF for the following Community Services:

- Behavioral Consultation Service
- Community Housing
- Community Integration
- Host Family Services
- Respite Services
- Supported Living



Ask what our CARF accreditation means to you.

www.carf.org



About Us

**Opening doors to
a world of possibilities.
Believe. Empower. Inspire!**



Our History



posAbilities was formed in 1998 with the merging of four community living agencies that had a collective experience of 50 years in the field. In 2001 we expanded to include Laurel Behaviour Support Services. We are now one of the largest community living organizations in British Columbia (BC).

We provide community inclusion, home living and behaviour support services to individuals of all ages in the Lower Mainland. We also offer Behaviour Consultation services in the Fraser Valley and other BC communities.

Our Philosophy

We are committed to building and participating in a community where all persons are welcomed, and where all members are valued for who they are and for the contributions they make.

This is the vision of an inclusive community—a place characterized by diversity, hospitality, belonging and respect.

Our Values

We share the following values:

Person-Centred	<p>We are person-centred in our thinking and our actions.</p> <p>We are teachers and coaches, fostering learning, growth, independence.</p>
Inclusion	<p>We believe communities are richer when everyone is included and given a chance to make a contribution.</p> <p>We believe a full life includes exercising rights, fulfilling responsibilities, making choices and experiencing mistakes and successes.</p>
Diversity	<p>We celebrate the diversity of people and cultures and encourage greater cultural connections.</p>
Learning	<p>We have the courage to question beliefs, to speak up, take risks and challenge the status quo.</p> <p>We believe in continuous learning, sharing and collaboration.</p>
Excellence and Innovation	<p>We expect the best from ourselves and celebrate the best in others.</p> <p>We act ethically and with integrity in all that we do.</p> <p>We see possibilities, not limitations.</p>

Families, Friends and Advocates

Families, friends, and advocates play essential roles in the lives of people with disabilities.

They provide:

- support, love, unconditional acceptance and understanding,
- a shared history and sense of belonging,
- advocacy and monitoring, to help ensure ongoing service quality.

We welcome their involvement in our organization and the opportunity to work together to support persons served.

We assist families with planning for the future of their relative with a disability. Please contact us for information about a variety of disability related topics, personal support networks, or advocacy support.

Where possible, we provide service in the preferred language of families, including Mandarin, Cantonese, Hindi, Punjabi, Japanese, Spanish, French and American Sign Language.

Quality Assurance

We are committed to continuous quality improvement. We track and measure our performance in a number of areas, including how persons served and their families feel about our services. We share this information with you on a yearly basis.